

School menu



Gateshead Council

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WEEK 1

MEAT FREE MONDAY

monday

tuesday

wednesday

thursday

friday

FISH FRIDAY

Main	Flatbread pizza with coleslaw, mixed salad & veggie fingers	Breakfast bap with mini hash browns & baked beans	Chicken curry & rice with mini spring roll & pea & sweetcorn mix	Savoury mince & Yorkshire pudding with mashed potato, sliced carrots, broccoli & gravy	Fish portion, with chips, garden or mushy peas & curry sauce
Non-Meat		Veggie sausage pattie with mini hash browns & baked beans	Sweet potato & lentil curry & rice with mini spring roll & pea & sweetcorn mix	Savoury veggie mince & vegetables & Yorkshire pudding with mashed potato, sliced carrots, broccoli & gravy	Cheese & potato roll with chips, garden or mushy peas
Deli	Tuna mayo & cucumber wrap with corn chips & salad	Chicken mayo wholemeal roll with mini hash brown & salad	Ham wholemeal sandwich with corn chips & salad	Cheese wrap with corn chips & salad	Ham & cheese panini with chips & salad
Jacket - served with mixed salad	Cheese & baked beans	Tuna mayo	Cheese	Tuna mayo	Baked beans
Dessert	Waffle with peaches & strawberry sauce	Traditional iced school sponge & custard	Cooks' choice biscuit	Strawberry mousse & fruit salad	Carrot & orange muffin
Daily offer	Yoghurt, fresh fruit, cheese & crackers, wholemeal bread				

21/09/26
21/09/26
12/10/26
09/11/26
30/11/26
01/01/27
25/01/27
22/02/27
15/03/27
19/04/27
10/05/27
02/06/27
28/06/27

WEEK 2

MEAT FREE MONDAY

monday

tuesday

wednesday

thursday

friday

Main	Tomato or cheese pasta with garlic bread, salad & coleslaw	Southern style chicken burger in a bun with mayo & shredded lettuce, diced potatoes & corn on the cob	Meatballs with mashed potato, rainbow vegetable mix & gravy	Chicken fillet & Yorkshire pudding, roast potatoes, broccoli, cauliflower & carrot medley & gravy	Sausages with chips, baked beans & ketchup
Non-Meat		Southern style veggie burger in a bun with mayo & shredded lettuce, diced potatoes and corn on the cob	Veggie meatballs with mashed potato, rainbow vegetable mix & gravy	Quorn fillet & Yorkshire pudding, roast potatoes, broccoli, cauliflower & carrot medley & gravy	Veggie sausage, chips, baked beans & ketchup
Deli	Tuna mayo & cucumber wrap with pasta salad	Chicken mayo wholemeal roll with diced potatoes, salad or corn on the cob	Ham wholemeal sandwich with corn chips & salad	Cheese wrap with roast potatoes & salad	Ham & cheese panini with chips & salad
Jacket - served with mixed salad	Cheese & baked beans	Tuna mayo	Cheese	Tuna mayo	Baked beans
Dessert	Iced smoothie & fruit cocktail	Steamed marble sponge & chocolate custard	Cooks' choice biscuit	Orange jelly, mandarins & swirl of chocolate mousse	Lemon drizzle muffin
Daily offer	Yoghurt, fresh fruit, cheese & crackers, wholemeal bread				

01/09/26
28/09/26
19/10/26
16/11/26
01/12/26
11/01/27
01/02/27
01/03/27
22/03/27
26/04/27
17/05/27
14/06/27
05/07/27

WEEK 3

MEAT FREE MONDAY

monday

tuesday

wednesday

thursday

friday

FISH FRIDAY

Main	Thin & crispy Margarita pizza slice with coleslaw, mixed salad & veggie sticks	Posh dog in a roll with onions & ketchup with hand cut seasoned potato wedges, sweetcorn & mixed salad	Korma chicken curry & rice with naan bread & cauliflower, carrot & green bean mix	Roast of the Day & Yorkshire pudding with skin on roasted mini potatoes, cabbage, carrot & gravy	Fish fingers with chips, garden or mushy peas & ketchup
Non-Meat		Veggie frankfurter in a roll with onions & ketchup with hand cut seasoned potato wedges, salad & coleslaw	Korma veggie, chickpea & lentil curry & rice with naan bread & cauliflower, carrot & green bean mix	Quorn fillet & Yorkshire pudding with skin on roasted mini potatoes, cabbage, carrot & gravy	Veggie fingers with chips, garden or mushy peas & ketchup
Deli	Tuna mayo & cucumber wrap, corn chips & salad	Chicken mayo wholemeal roll, hand cut potato wedges & salad	Ham wholemeal sandwich with corn chips & salad	Cheese wrap with corn chips & salad	Ham & cheese panini with chips & salad
Jacket - served with mixed salad	Cheese & baked beans	Tuna mayo	Cheese	Tuna mayo	Baked beans
Dessert	Ice cream, pears & chocolate sauce	Jam sponge & custard	Cooks' choice biscuit	Chocolate mousse with mandarins	Banana flapjack
Daily offer	Yoghurt, fresh fruit, cheese & crackers, wholemeal bread				

14/09/26
05/10/26
02/11/26
23/11/26
14/12/26
18/01/27
08/02/27
08/03/27
12/04/27
03/05/27
24/05/27
21/06/27
12/07/27