

# Larkspur Primary - PE Subject Overview



	Autumn	Spring	Summer	Cultural Capital
Year 1	<u>Autumn 1</u> <ul style="list-style-type: none"> <li>Fundamentals</li> <li>Ball Skills</li> </ul> <u>Autumn 2</u> <ul style="list-style-type: none"> <li>Dance</li> </ul>	<u>Spring 1</u> <ul style="list-style-type: none"> <li>Gymnastics</li> </ul> <u>Spring 2</u> <ul style="list-style-type: none"> <li>Yoga</li> <li>Invasion Games</li> </ul>	<u>Summer 1</u> <ul style="list-style-type: none"> <li>Target Games</li> <li>Sending and Receiving</li> </ul> <u>Summer 2</u> <ul style="list-style-type: none"> <li>Striking and Fielding</li> <li>Athletics</li> </ul>	Daily Mile Tracking- Personal Challenge Movement Breaks Sports Coaching related to unit of work School Tournaments/ Festivals throughout the year Hoops for health Intra School Competition Sports Day After School Sport Clubs Lunchtime Running Club Dance Festival
Year 2	<u>Autumn 1</u> <ul style="list-style-type: none"> <li>Fundamentals</li> <li>Ball Skills</li> </ul> <u>Autumn 2</u> <ul style="list-style-type: none"> <li>Dance</li> </ul>	<u>Spring 1</u> <ul style="list-style-type: none"> <li>Gymnastics</li> </ul> <u>Spring 2</u> <ul style="list-style-type: none"> <li>Yoga</li> <li>Invasion Games</li> </ul>	<u>Summer 1</u> <ul style="list-style-type: none"> <li>Target Games</li> <li>Sending and Receiving</li> </ul> <u>Summer 2</u> <ul style="list-style-type: none"> <li>Striking and Fielding</li> <li>Athletics</li> </ul>	
Year 3	<u>Autumn 1</u> <ul style="list-style-type: none"> <li>Fundamentals</li> <li>Ball Skills</li> </ul> <u>Autumn 2</u> <ul style="list-style-type: none"> <li>Dance</li> <li>Yoga</li> </ul>	<u>Spring 1</u> <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Hockey</li> </ul> <u>Spring 2</u> <ul style="list-style-type: none"> <li>OAA</li> <li>Dodgeball</li> </ul>	<u>Summer 1</u> <ul style="list-style-type: none"> <li>Tennis</li> <li>Netball</li> </ul> <u>Summer 2</u> <ul style="list-style-type: none"> <li>Rounders</li> <li>Athletics</li> </ul>	
Year 4	<u>Autumn 1</u> <ul style="list-style-type: none"> <li>Basketball</li> <li>Swimming</li> </ul> <u>Autumn 2</u> <ul style="list-style-type: none"> <li>Dance</li> <li>Swimming</li> </ul>	<u>Spring 1</u> <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Swimming</li> </ul> <u>Spring 2</u> <ul style="list-style-type: none"> <li>Yoga</li> <li>Swimming</li> </ul>	<u>Summer 1</u> <ul style="list-style-type: none"> <li>Tennis</li> <li>Swimming</li> </ul> <u>Summer 2</u> <ul style="list-style-type: none"> <li>Athletics</li> <li>Swimming</li> </ul>	
Year 5	<u>Autumn 1</u> <ul style="list-style-type: none"> <li>Basketball</li> <li>Badminton</li> </ul> <u>Autumn 2</u> <ul style="list-style-type: none"> <li>Handball</li> <li>Dance</li> </ul>	<u>Spring 1</u> <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Hockey</li> </ul> <u>Spring 2</u> <ul style="list-style-type: none"> <li>Dodgeball</li> <li>Football</li> </ul>	<u>Summer 1</u> <ul style="list-style-type: none"> <li>Tennis</li> <li>OAA</li> </ul> <u>Summer 2</u> <ul style="list-style-type: none"> <li>Athletics</li> <li>Rounders</li> </ul>	
Year 6	<u>Autumn 1</u> <ul style="list-style-type: none"> <li>Netball</li> <li>Cricket</li> </ul> <u>Autumn 2</u> <ul style="list-style-type: none"> <li>Handball</li> <li>Dance</li> </ul>	<u>Spring 1</u> <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Hockey</li> </ul> <u>Spring 2</u> <ul style="list-style-type: none"> <li>Badminton</li> <li>OAA</li> </ul>	<u>Summer 1</u> <ul style="list-style-type: none"> <li>Tennis</li> <li>Dodgeball</li> </ul> <u>Summer 2</u> <ul style="list-style-type: none"> <li>Athletics</li> <li>Rounders</li> </ul>	