

Larkspur Community Primary School

PE Policy

1. Vision Statement

At Larkspur Community Primary School, we are committed to providing a high-quality physical education (PE) curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We aim to develop pupils' physical competence, confidence, and well-being while fostering a lifelong love of physical activity.

Onsite facilities that the school has for PE/physical activity are:

- 1 school hall
- Playing field
- Playground with daily mile track
- Outdoor learning area for foundation stage children
- Climbing frame in Reception outdoor area
- KS2 Gym

2. PE Curriculum Provision

We use the Get Set 4 PE scheme to ensure a broad, balanced, and progressive PE curriculum for all pupils.

- Each class receives 2 x 1-hour PE lessons per week.
- Year 4 pupils attend weekly swimming lessons to develop water confidence and essential swimming skills.
- Lessons include a variety of sports and activities covering fundamental movement skills, invasion games, gymnastics, dance, athletics, and outdoor and adventurous activities.

3. Inclusion and Adaptive Teaching

We are committed to ensuring PE is accessible to all children, including those with Special Educational Needs (SEN). We implement the STEP (Space, Task, Equipment, People) approach to adapt lessons, ensuring all pupils can participate and progress in a way that meets their individual needs.

4. Competitive Opportunities and Extra-Curricular Activities

- Pupils are encouraged to participate in intra and inter-school competitions to develop teamwork, resilience, and sportsmanship.
- The school provides regular, free after-school clubs to support pupils' engagement in sport and physical activity, funded through out Sports Premium Grant.
- Active Future works with the school once per week to support across the curriculum, including:
 - Tournament preparation
 - Targeted interventions
 - Active clubs
 - Sports Leaders

5. Assessment and Progression

- Pupils' progress is monitored through formative assessment during lessons, using the Get Set 4 PE assessment tools.
- Teachers provide regular feedback to support skill development and confidence.
- Assessment is analysed and used to plan interventions and targeted groups through after school clubs, additional PE sessions and future teaching.

6. Health and Well-being

- We promote an active lifestyle by encouraging physical activity beyond PE lessons.
- Active breaks and movement activities are embedded throughout the school day to support pupils' physical and mental well-being.
- The school fosters positive attitudes towards health and fitness through PE, PSHE lessons, and whole-school initiatives.

7. Safeguarding and Safety in PE

- All PE lessons follow appropriate safety guidelines, including safe use of equipment and risk assessments for activities.

- Swimming lessons adhere to national safety standards, with qualified swimming instructors and appropriate supervision.
- Pupils wear appropriate PE kit for all activities, and medical conditions are considered when planning lessons.
- For safety reasons, pupils must not wear jewellery during PE lessons. However, religious jewellery may be worn if it cannot be removed, provided it is covered or secured appropriately to ensure the safety of the child and others.

8. Monitoring and Evaluation

- The PE Coordinator oversees the implementation of the PE curriculum, ensuring high-quality teaching and learning.
- Regular reviews and feedback from staff, pupils, and parents inform improvements to PE provision.
- Participation in PE, extra-curricular clubs, and competitions is monitored to ensure inclusivity and engagement for all pupils.

9. Review of Policy

This policy will be reviewed annually to ensure it remains relevant and effective in meeting the needs of all pupils at Larkspur Community Primary School.