



Physical Education (PE) - Intent, Implementation and Impact

Intent

At Larkspur Community Primary School, our intent is to provide a high-quality Physical Education (PE) curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We aim to develop pupils' physical literacy, confidence, and competence, enabling them to lead healthy, active lives. Our curriculum is designed to be fully inclusive and accessible to all, fostering a lifelong love of movement and sport. We want our children to understand the benefits of physical activity on both physical and mental wellbeing, and to develop values such as teamwork, resilience, and respect through a broad range of experiences.

Implementation

- **Curriculum Delivery:** All pupils receive two hours of high-quality PE per week, delivered by their class teacher using the *GetSet4PE* scheme. Lessons are carefully sequenced to develop fundamental skills, knowledge and understanding progressively across each year group.
- **Inclusive Practice:** We use the STEP (Space, Task, Equipment, People) approach to ensure lessons are fully inclusive and adapted to meet the needs of all learners. Recent investment in equipment has enabled every child to fully participate regardless of ability or need.
- **Enrichment Opportunities:** We regularly enhance our PE offer through visits from professional athletes, healthy eating workshops, and themed activity days which promote healthy lifestyles.
- **Competition:** Children are given opportunities to participate in both **intra-school** (within school) and **inter-school** (against other schools) competitions, building their confidence, sportsmanship and team spirit.

- **Extra-Curricular Activities:** Free after-school sports clubs are available to all pupils, increasing access to physical activity beyond the school day.
- **Active Playtimes:** Break times are structured to promote physical activity with support from trained Sports Leaders, school staff, and our dedicated sports coach who lead games and activities daily.
- **Swimming:** All Year 4 children attend a weekly swimming lesson throughout the year to ensure they meet the national curriculum requirement for swimming and water safety.

Impact

Through our inclusive and engaging PE provision, pupils at [School Name]:

- Develop competence and confidence in a range of physical activities.
- Understand the importance of regular physical activity and its impact on a healthy lifestyle.
- Demonstrate increased levels of physical fitness, resilience and personal growth.
- Show improved teamwork, cooperation, and communication skills.
- Participate enthusiastically in lessons, competitions and clubs, with high levels of enjoyment.
- Are well-prepared for the next stage of their PE journey, with many choosing to continue involvement in sport outside of school.
- Meet or exceed national expectations in PE, including swimming proficiency by the end of Key Stage 2.